

HEART TO SOLE SPRING PRESCHOOL 2025

TUESDAY (ET)			WEDNESDAY (SV)	
TIME	CLASS		TIME	CLASS
9:15-10:00	Music and Movement (Parented Ages 2-3)		9:45-10:30	Ballet/Jazz/Tap (Ages 3-5)
10:00-10:45	Ballet/Jazz (Ages 3-5)		10:30-11:15	Acro/HipHop (Ages 3-5)
11:00-11:45	Acro/HipHop (Ages 3-5)			
			Saturday (ET)	
		TIME	CLASS	
		9:30-10:15	Ballet/Jazz (Ages 3-5)	
		10:15-11:00	Acro/Hip Hop (Ages 3-5)	
		11:00-11:45	PINK BALLET (AGES 5-6)	
Music and Movement	This parent assisted classes is a great first introduction to follow instructions, actions to songs, shakers, wands, ribbons, scarves and other props open them up the world of basic dance. This is fun for mom, dad, a grandparent or a friend to come support your dancer!			
Ballet/Jazz	The perfect start to the basics of dance. Using popular music we learn skips, hops, walks, plies, basic use of turnout, sharp and soft movement, travelling steps - everything you need to know to grow in dance!			
Tap/Jazz/ Ballet	Adding Tap to the basics of dance with rythms, parts of the foot, making loud and light sounds and more!			
Acro/Hip Hop	Discover the world of ACRO! Log rolls, bear crawls, summersaults, prep for cartwheels, crab walks, seal pose and more!			
PINK BALLET	READY FOR MORE? This is the next step after a year or two in preschool classes. This class begins the world of ballet technique with a more structured class plan. Don't worry we will still have tons of fun!			
SESSION	DATES	LENGTH	COST	
SESSION 1	SEPTEMBER 13TH- DECEMBER 13TH	45 MINS	\$45 PER MONTH (4 payments)	
SESSION 1 PINK BALLET	SEPTEMBER 13TH- MAY 30TH	45 MINS	\$65 PER MONTH (4 payments)	